

# Safety Plan for City of Orillia Ontario Lifesaving Senior & Masters Championships - Pool March 9 & 10, 2024

#### **Purpose**

The purpose of this plan is to maximize safety at Lifesaving Society Championships held at the Orillia Recreation Centre.

General procedures are in the City of Orillia Policy and Procedure Manuals, in conjunction with the legislation and regulations pertaining to pool operations. This plan will address items specific to the Ontario Senior/Masters Championships held at these facilities.

#### **Code of Conduct**

Everyone has the responsibility of acting in a safe manner. This includes volunteers, officials, guests, competitors, coaches, meet management etc. However, it is the responsibility of the management team to ensure that this plan is enforced. Anyone not adhering to the safety procedures as prescribed in this plan may be disqualified or removed from the property. Unsafe actions and behaviours will not be tolerated.

#### Safety Plan

# **General Safety**

Smoking is not permitted inside any competition building.

It is the responsibility of each individual to ensure that personal belongings are kept in a safe place. Valuables are the safest when kept at home. There are lockers available in the changeroom, but individuals must bring their own lock or purchase one from the Orillia Recreation Centre.

If the set up requires specialized equipment i.e. ladders, computers etc. designated specially trained crew will be responsible for its safe installation.

# Safety Officer/Chain of Command

The Safety Officer for the competition is Head Guard on Duty.

The Safety Officer is required to report and document any incidents that occur on behalf of the Lifesaving Society. Health and Safety Representatives are also provided by the hosts for all venues that take place in the City of Orillia buildings.

The Management Team consists of the

Meet Manager Vacant

Meet Manager Intern
Chief Referee
Cynthia Cakebread
Safety Officer
Host Representative
Cynthia Cakebread
Head Guard on Duty
Christine Wareing/ Javier

Lifesaving Society Representative Perry Smith and Aidan Miess

Pool areas will be supervised by qualified and trained lifeguards. For venues that areas do not involve the pool, trained health and safety designates will be identified.

In case of an emergency the following is the order in which communications should occur:

- 1. Site Health and Safety Representative/Event Director
- 2. Safety Officer
- 3. Meet Manager/Chief Referee
- 4. Host Representative
- 5. Other

In Addition: In a pool environment the City of Orillia lifeguard staff are to take control of any situation and follow the protocol designed in the Procedures. The Safety Officer is required to report and document any incidents that occur on behalf of the Lifesaving Society.

## **Operational Procedures**

Operational procedures are defined by the host. This standard of care is required to meet the minimum health regulations and guidelines supported by the Lifesaving Society. In a situation where the host does not have operational standards, the Lifesaving Society will consider adopting operational procedures that meet the industry standard for that location/venue.

# **General safety**

Ministry Regulations as well as facility specific rules must be followed to ensure safety.

Lifeguards are to be supplied by the host for all pool venues.

Lifeguards are to ensure the safety of those in the facility at large.

The lifeguards are to be made aware of any mock situations that may occur before the start of the event.

The lifeguard staff are to interact with the public and enforce house rules as required.

Non swimmers should not be in the water without a strong swimmer or unless they are able to touch the bottom.

Non swimmers that are involved in the competition should identify themselves to the Chief Referee.

## In Non-Aquatic Environments:

In City buildings, incidents should be reported to the building staff immediately.

Trained Health and Safety Representative will be on call in non-aquatic environments.

## **Personal Safety/Cross Contamination**

Individuals are responsible for ensuring the complete information of any medical conditions, medications and /or allergies are communicated to a responsible person that will be looking out for their interest i.e. Coach. The Championship Management Team or the City of Orillia will not be responsible for the monitoring of individuals.

Use of Personal Protective Equipment used by competitors should be disinfected between uses. Any manikin or prop used during the competition that could be contaminated with bodily fluids should be disinfected appropriately. Any equipment that has been contaminated with bodily fluids that can be disposed of should be done appropriately.

Footwear must be worn in non-pool areas.

# Safety Equipment

Stocked First Aid kits are required at all venues. First Aid kits are in a designated area and clearly identified. Emergency phones are required at all venues. Emergency phones are in designated areas and clearly identified.

Officials are required to wear a whistle during the competition as a form of communication to alert any incidents may occur.

AED units for this competition will be available at the City of Orillia facilities.

## **AED Option – Public Access Defibrillators**

AED units are kept in a designated location at each facility. The City of Orillia keeps AED units in areas that the public may have access. The City of Orillia encourages all patrons who have AED training to respond immediately and use the AED machine to assist any individual. Patrons do not have to wait for a staff person to arrive before activating the AED machine.

#### **Specialized Equipment**

If specialized equipment is available at facilities, only the trained designate is to use equipment. This may include equipment such as BVM's etc. If an increased level of care is volunteered by outside party (i.e. doctor) and accepted by the liable care givers, that person must assume complete responsibility of the patient until Paramedics arrive and assume control.

#### **Emergency Procedures**

If an emergency occurs, it should be identified to the nearest host supervisor. Officials then need to communicate and ensure the trained host staff are able to resume treatment. The host trained supervisors are to command and take control of the situation at the earliest possible moment. All emergency procedures are set by the facility and should be adhered to.

Medical Emergency, Fire Loss of Power, Pool Fouling, Mechanical Failure etc.

Refer to the Emergency Procedures attached. More detailed information can be found in the Pool Operations Manual.

#### **Communication**

Two-way radios will be provided by the Lifesaving Society to link the competition areas.

The Safety Officer will have a dedicated line at all times.

Officials will all carry whistles on their person.

Orillia Recreation Centre has two emergency phones with direct lines out and one directly connected to 911.

# **Contingency Plans**

All contingency plans are decided by the Championship Management Team. The management team has the right to postpone, reschedule or cancel an event or competition if the venue is deemed unsafe.

## **Facilities**

Competition Pools / Facilities: List all locations being used for said competition.

 City of Orillia – Orillia Recreation Centre 255 West Street South Orillia, Ontario L3V 5G9 (705) 325 4386

(Pool diagram can be found in the Emergency Response Plan)

# In Case of Emergency

In the event of an emergency call 911 for Police, Fire or Ambulance. A detailed procedure for making emergency calls is located in each pool office.

Service	Emergency	Non-Emergency
City of Orillia	911	Orillia Fire: 705-325-5201 Ontario Provincial Police: 1-888-310-1122
Other Services		
Ontario Poison Control	1-800-268-9017	
Orillia Soldier's Memorial Hospital	Orillia Soldier's Memorial Hospital - 170 Colborne St W, Orillia, ON L3V 2Z3.	